



## **MENLA: SPIRITUAL PERSPECTIVE ON COMPASSION IN HEALING**

**January 20, 2004**

Dr. Phil Weber, international speaker and practitioner of Buddhism and medicine for 30 years, is giving a talk on February 7, 2004, about the relationship of health and illness with one's state of mind. Dr. Weber's speech is based on the Menla (Medicine Buddha) program developed by Khenpo Tsultrim Gyamtso Rinpoche, author of the recently published *The Sun of Wisdom*. The Buddhist science of mind is used as a method for enriching the health practitioner's skillfulness, offering pragmatic methods for working effectively with the path of healing. This approach is based on the ancient healing tradition of Tibetan Buddhism, a comprehensive cognitive training system based on a personal realization of the wisdom of Intrinsic Healthiness. Through it one can further clarify how to keep in touch with one's inherent natural balance and work skillfully with the art of healing.

Dr. Phil Weber has taught on the Buddhist approach to healing at Naropa University for 18 years. Currently, he is a family physician in private practice in Boulder, Colorado, with a particular interest in the integration of Western and Buddhist healing methods.

The lecture, sponsored by Hartford KTC and Complementary HealthCare Institute, LLC, with special participation of Northwestern Connecticut Community College, will be held at 7:30 p.m. at St. Thomas Seminary, 467 Bloomfield Avenue, Bloomfield, Connecticut. The talk is open to the general public with an admission fee of \$25. If you wish to register for the Menla talk, please send a check for \$25 made out to Hartford KTC to, 157 Elizabeth St., Hartford, CT 06105. Write "Menla Talk" in the memo space. If you have any questions call Hartford KTC at (860) 232-8366. Space is limited, so registration in advance is recommended.