

**COMPLEMENTARY HEALTHCARE INSTITUTE TO PROVIDE INTEGRATIVE  
MEDICINE SERVICES AT FARMINGTON VALLEY YMCA**

**Saint Francis selects CHI as provider  
of complementary healthcare services  
at the Farmington Valley YMCA in Granby**

Avon, Connecticut, June 16, 2003 – Complementary HealthCare Institute (CHI) and Saint Francis Hospital and Medical Center today announced the establishment of an affiliation in which CHI will become a provider of complementary health services at the Farmington Valley YMCA in Granby. Services will include massage therapy, hypnotherapy and stress reduction, pain reduction, and weight reduction therapies.

In addition to providing integrative health care services, CHI will work closely with Saint Francis to inform and educate the public concerning complementary medicine and its value as part of a continuous plan for health care.

“We are excited about this affiliation with Saint Francis to provide an additional location for our wellness and preventative center,” said Denise Wolf, co-founder of CHI. “Working in collaboration with Saint Francis we can provide a comprehensive integrative healthcare plan that offers a great opportunity to promote wellness and prevention in the Farmington Valley.”

“Saint Francis is pleased to welcome CHI to our Center at the Farmington Valley YMCA ,” said Mark Fulco, the hospital’s vice president of marketing. “CHI will help expand our offering of wellness and health enhancement services in the Farmington Valley.”

To spotlight its services, Complementary HealthCare Institute is holding a free Health Fair on July 14 from 10 a.m. to noon at the Farmington Valley YMCA in Granby.

Founded in 1998, Complementary HealthCare Institute is a multi-disciplinary wellness and prevention center that uses an integrated, balanced approach to healing the whole person. Through its complementary service offerings, comprehensive educational programs, training program development, and original research, CHI helps clients achieve optimal health and well being. By creating a mindful connection between conventional and complementary medicine that supports integration of mind, body, and spirit, CHI provides an essential component to the promotion of comprehensive, integrative healthcare.

Founded in 1987, Saint Francis is licensed for 617 acute inpatient beds and 65 bassinets and is the largest Catholic hospital in New England.